

1. A method comprising:  
obtaining crushed dry *Morinda citrifolia* leaves;  
removing all liquids from said crushed dry leaves to obtain a leaf extract; and  
combining said leaf extract with *Morinda citrifolia* fruit juice to obtain a leaf  
5 serum.

2. The method of claim 1 wherein the step of removing comprises percolating said  
crushed dry leaves through alcohol and eliminating the alcohol and any alcohol-soluble  
ingredients from the percolated leaves.

3. The method of claim 1 wherein the step of removing comprises reducing said  
crushed dry leaves with heat.

4. The method of claim 1 further comprising processing the fruit of the *Morinda*  
15 *citrifolia* L. plant to obtain *Morinda citrifolia* fruit juice.

5. The method of claim 1 further comprising combining said leaf serum with a  
carrier to obtain a pharmaceutical leaf product.

6. A method comprising:

obtaining crushed dry *Morinda citrifolia* leaves;

removing all liquids from said crushed dry leaves to obtain a primary leaf extract;

fractionating said primary leaf extract into a dry hexane fraction and an aqueous

5 methanol fraction; and

combining said methanol fraction with *Morinda citrifolia* fruit juice to obtain a

leaf serum.

7. The method of claim 6 wherein the step of removing comprises percolating said

10 crushed dry leaves through alcohol and eliminating the alcohol and any alcohol-soluble ingredients from the percolated leaves.

8. The method of claim 6 wherein the step of removing comprises reducing said crushed dry leaves with heat.

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9. The method of claim 6 further comprising processing the fruit of the *Morinda citrifolia* L. plant to obtain *Morinda citrifolia* fruit juice.

10. The method of claim 6 further comprising combining said leaf serum with a

20 carrier to obtain a pharmaceutical leaf product.

11. A method comprising:  
obtaining crushed dry *Morinda citrifolia* leaves;  
removing all liquids from said crushed dry leaves to obtain a primary leaf extract;  
fractionating said primary leaf extract into a dry hexane fraction and an aqueous  
5 methanol fraction;  
further fractionating said methanol fraction into secondary methanol fractions;  
identifying an effective secondary methanol fraction; and  
combining said effective secondary methanol fraction with *Morinda citrifolia*  
fruit juice to obtain a leaf serum.

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12. The method of claim 11 wherein the step of removing comprises percolating said  
crushed dry leaves through alcohol and eliminating the alcohol and any alcohol-soluble  
ingredients from the percolated leaves.

15 13. The method of claim 12 wherein the step of removing comprises reducing said  
crushed dry leaves with heat.

14. The method of claim 13 further comprising processing the fruit of the *Morinda*  
*citrifolia* L. plant to obtain *Morinda citrifolia* fruit juice.

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15. The method of claim 14 further comprising combining said leaf serum with a  
carrier to obtain a pharmaceutical leaf product.

16. The method of claim 11 further comprising pasteurizing said fruit juice before combining it with the effective secondary methanol fraction to obtain the leaf serum.

17. A composition comprising:

a leaf extract obtained from crushed, dry leaves of the *Morinda citrifolia L.* plant.

18. The composition of claim 17 wherein said dry leaves had been percolated with

5 alcohol and reduced by heat.

19. The composition of claim 18 wherein said leaf extract comprises a methanol fraction.

10 20. The composition of claim 18 wherein said leaf extract comprises a hexane fraction.

21. The composition of claim 18 wherein said leaf extract comprises a secondary methanol fraction.

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22. The composition of claim 18 further comprising fruit juice from the *Morinda citrifolia L.* plant, the composition thereby comprising a leaf serum.

23. The composition of claim 22 further comprising a carrier, the composition thereby

20 comprising a pharmaceutical leaf product.

24. A composition comprising:
- a leaf extract selected from the group consisting of: a primary leaf extract, a hexane fraction, a methanol fraction, or a secondary methanol fraction;
- and
- 5 fruit juice obtained from the *Morinda citrifolia* L. plant.